PSI CYMRU
GREGYNOG 2008 : 25/9/08-26/9/08

Themes : “Third Wave CBT”
Early Intervention – Service Development

Thursday 25th September 2008

10:30 – 11:00 Arrival and morning coffee
11:00 – 11:15 Welcome and introductions
11:15 – 12:45 Prof. Richard Bentall, Professor of Clinical Psychology, Bangor University
   The use of Acceptance and Commitment Therapy in psychosis
13:00 – 14:00 Lunch
14:00 – 15:30 Katie Thornton, Psychology Department, Bangor University
   Benign vs distressing experiences of hearing voices – What can we learn from ‘healthy’ populations?
15:30 – 16:30 Tea and time in the garden
16:30 – 17:30 Mindfulness exercises with Dr Fiona Senior, Clinical Psychologist, Cwm-Taf NHS Trust
17:30 – 18:30 Where are we in South Wales? – a round up and forum for discussion

Dinner and Drinks in the Cellar Bar

Friday 26th September 2008

9:30 – 10:30 Dr Andrew Hider, Clinical Psychologist, Cwm Taf NHS Trust, and Dr Rhoswen Hailwood, Consultant Psychiatrist, Cwm-Taf NHS Trust.
   Pontypridd and Rhondda Psychosocial Intervention Service (PRoPS)
   A service model for delivering psychological interventions in early psychosis
10:30 – 11:00 Morning Coffee
11:00 – 12:30 Isabel Clarke
   Consultant Clinical Psychologist, Hampshire Partnership NHS Trust
   Formulating psychosis using the Interacting Cognitive Subsystems (ICS) model.
12:30 – 13:30 Lunch
13:30 – 14:30 Speaker TBC
   ‘Earliest’ intervention: Providing services to adolescents with psychosis – how do we bridge the gap between child and adult services?
15:30 – 16:00 Afternoon Tea and Finish