

**PSI CYMRU**  
**GREGYNOG 2008 : 25/9/08-26/9/08**

**Themes :**        **“Third Wave CBT”**  
                      **Early Intervention – Service Development**

**Thursday 25<sup>th</sup> September 2008**

- 10:30 – 11:00 Arrival and morning coffee  
11:00 – 11:15 Welcome and introductions  
11:15 – 12:45 Prof. Richard Bentall, Professor of Clinical Psychology, Bangor University  
*The use of Acceptance and Commitment Therapy in psychosis*  
13:00 – 14:00 Lunch  
14:00 – 15:30 Katie Thornton, Psychology Department, Bangor University  
*Benign vs distressing experiences of hearing voices – What can we learn from ‘healthy’ populations?*  
15:30 – 16:30 Tea and time in the garden  
16:30 – 17:30 Mindfulness exercises with Dr Fiona Senior, Clinical Psychologist, Cwm-Taf NHS Trust  
17:30 – 18:30 Where are we in South Wales? – a round up and forum for discussion

Dinner and Drinks in the Cellar Bar

**Friday 26<sup>th</sup> September 2008**

- 9:30 – 10:30 Dr Andrew Hider, Clinical Psychologist, Cwm Taf NHS Trust, and Dr Rhoswen Hailwood, Consultant Psychiatrist, Cwm-Taf NHS Trust.  
*Pontypridd and Rhondda Psychosocial Intervention Service (PRoPS)*  
*A service model for delivering psychological interventions in early psychosis*  
10:30 – 11:00 Morning Coffee  
11:00 – 12:30 Isabel Clarke  
Consultant Clinical Psychologist, Hampshire Partnership NHS Trust  
*Formulating psychosis using the Interacting Cognitive Subsystems (ICS) model.*  
12:30 – 13:30 Lunch  
13:30 – 14:30 Speaker TBC  
*‘Earliest’ intervention: Providing services to adolescents with psychosis – how do we bridge the gap between child and adult services?*  
15:30 – 16:00 Afternoon Tea and Finish